



# St Anthony's Parish



# St Bernard's Parish

67-75 EXFORD ROAD, MELTON SOUTH, 3338.  
P.O BOX 2152 MELTON SOUTH 3338  
TEL: 9747 9692 FAX: 9746 0422

61 LERDERBERG STREET, BACCHUS MARSH 3340  
TEL:  
OUR LADY HELP OF CHRISTIANS, KOROBET  
309 MYRNIONG-KOROBET ROAD 3341

**The 30th Sunday In Ordinary Time-Year A**

**25th October 2020**

**PARISH PRIEST:** Fr Fabian Smith

**ASSISTANT PRIESTS:** Fr Lucas Kyaw Myint /Father Marcus Goulding

### **ST ANTHONY'S PARISH**

**Parish Secretary:** Lesley Morffew Mon Tue Wed & Fri 9am-4pm

**Admin Assistant:** Judy Johnson Tue-Thu 10am-2pm

**Parish Office Hours:** phone/email contact only

Father Fabian 0403 435 471

Fr Lucas 0478 768 141 /Fr Marcus 0468 367 893

**Email:** meltonsouth@cam.org.au

**Website:** www.stanthonyofpadua.com.au

**St Anthony's School Principal:** Damien Schuster

Wilson Road, Melton South 3338

**Phone:** 8099 7800

**Email:** principal@sameltonsth.catholic.edu.au

**Website:** www.sameltonsth.catholic.edu.au

**Catholic Regional College - Melton (Years 7-12)**

**Principal:** Marlene Jorgensen **Phone:** 8099 6000

**Website:** www.crcmelton.com.au

### **ST BERNARD'S PARISH**

**Parish Secretary:** Dolores Turcsan Wed-Fri 9am-1pm

**Admin Assistant:** Judy Johnson Tue-Thu 10am-2pm

**Sacramental Coordinator/ Bookkeeper:** Naim Chdid

Tue & Fri 10am-1pm

**Parish Office Hours:** phone/email contact only

Father Fabian 0403 435 471

Fr Lucas 0478 768 141/Fr Marcus 0468 367 893

**Email:** bacchusmarsh@cam.org.au

**Website:** www.stbernardsbacchusmarsh.com.au

**St Bernard's School Principal:** Emilio Scalzo

19a Gisborne Rd, Bacchus Marsh VIC 3340

**Phone:** (03) 5366 5800

**Email:** principal@sbbacchusmarsh.catholic.edu.au

**Website:** www.sbbacchusmarsh.catholic.edu.au

### **ST ANTHONY'S PASTORAL COUNCIL**

Sue Alexander	0400 171 843
Lillian Christian - Vice Chair	0400 441 257
Stephen Fernandes	0439 743 533
Amy Honrade	03 9747 0078
Natalie Howard - Chair	0492 947 201
Villy Julita	0403 751 343
Rose Ma'ae	0431 386 473
Sally Markulin	0405 814 490
Kim Nguyen	0431 035 980

**Ex-OFFICIO:**

Fr Fabian Smith PP, Fr Lucas Kyaw Myint, Fr Marcus Goulding  
and Damien Schuster Council Secretary: Judy Johnson

### **ST BERNARD'S PASTORAL COUNCIL**

Shane Cook -School Advisory Board	0419 999 052
Peter Farren	0418 594 501
Maira Ross	0400 675 056
Aaron Russell	0401 927 502
James Waters - Chair	0403 822 795

**EX-OFFICIO:**

Fr Fabian Smith PP, Fr Lucas Kyaw Myint, Fr Marcus Goulding  
and Emilio Scalzo

### **CHILD SAFETY OFFICERS**

Coordinator: Godwin Barton (0425 734 449)

Officers: Karina Dunne & Lorraine Tellis

### **PARISHIONER'S FIRST COLLECTION/SECOND COLLECTION**

Parishioners who normally give cash each weekend for the collections, if they wish to donate, are now able to go to the link below and make their payments online.

The link to the St Anthony's Parish is: <https://bit.ly/CDFpayMeltonSouth>

The link to the St Bernard's Parish is: <https://bit.ly/CDFpayBacchusMarsh>

**Please put your name and thanksgiving number if you know it as a reference.**

**Please note new PDFpay link. Thank you.**

## MASS AND DEVOTIONS

### ANOINTING OF THE SICK

Anointing of the sick can be organised with the Priests directly, please call them.  
Father Fabian 0403 435 471/Fr Lucas 0478 768 141 /Fr Marcus 0468 367 893

### MASS TIMES—LIVE STREAMING FROM ST ANTHONY'S CHURCH

**Monday-Saturday:** 5.30pm Adoration/Rosary/Benediction  
6.00pm Mass

**Sunday:** 10.30am Mass

### MASSES AVAILABLE ON LIVE STREAMING— FACEBOOK AND YOUTUBE

St Anthony's Parish are live streaming Masses on YouTube.

The Masses are also being live streamed on Facebook. You can watch Masses by going to the website: stanthonypadua.com.au. Click the link for Live Masses.

The Masses are coming through the St Anthony's Facebook page—St Anthony of Padua Catholic Church Melton South (you will need to have a Facebook account to be able to view the Masses).

### ST ANTHONY'S FACEBOOK

Please visit our Facebook page.:

[St Anthony of Padua Catholic Church](#)

[Melton South](#) Live Masses streaming from St Anthony's daily.



### PARISHIONER'S FIRST COLLECTION/SECOND COLLECTION OR PARISH APPEALS

Parishioners who normally give cash each weekend for the collections, if they wish to donate, are now able to go to the link below and make their payments online.

Parishioners are able to make quick and easy recurring thanksgiving payments or can choose a one-off offering from the comfort of their own home.

When making an offertory online, parishioners have the option to choose which collection they would like to partake in, as they usually would during Sunday Mass - first collection, second collection or a parish appeal.

The link to the St Anthony's Parish is: <https://bit.ly/CDFpayMeltonSouth>

The link to the St Bernard's Parish is: <https://bit.ly/CDFpayBacchusMarsh>

**Please note new PDFpay link. Thank you.**

**Please put your name and thanksgiving number if you know it as a reference. Thank you.**

### RCIA BEGINNING IN NOVEMBER— ST ANTHONY'S AND ST BERNARD'S PROGRAM

Are you or someone you know interested in becoming Catholic? Non-Catholics are prepared for reception into the Catholic Church through the Rite of Christian Initiation for Adults (RCIA). RCIA involves weekly catechetical sessions and culminates with reception of the Sacraments of Initiation (Baptism, Confirmation, Holy Communion) at Easter 2021. One RCIA cycle will be run for both St Anthony's and St Bernard's beginning the first week of November. Meetings will be conducted in person when possible or by Zoom if necessary.

**Contact Fr Marcus on 0468 367 893 for more information.**

### ST ANTHONY'S PARISH OFFICE

Parishioners please be advised that the St Anthony's Parish Office will be closed during the current COVID-19 restrictions .

The Parish Staff will be working from home. Please contact us for any assistance you need.

**Lesley Morffew** Parish Secretary **Monday, Tuesday, Wednesday and Friday** 9.00am-4.00pm

Email Lesley: [meltonsouth@cam.org.au](mailto:meltonsouth@cam.org.au) or call **9747 9692**

**Judy Johnson** Admin Assistant **Tuesday, Wednesday & Thursday** 10.00am-2.00pm

Email Judy: [judyparishnews@gmail.com](mailto:judyparishnews@gmail.com) or call **0414 007 009**



St Anthony's  
Parish

### ST BERNARD'S PARISH OFFICE

Parishioners please be advised that the St Bernard's Parish Office will be closed during the COVID-19 restrictions.

The Parish Staff will be working from home. Please contact us for any assistance you need.

**Dolores Turcsan** Parish Secretary **Wednesday, Thursday & Friday** 9.00am-1.00pm

Email Dolores: [bacchusmarsh@cam.org.au](mailto:bacchusmarsh@cam.org.au) or call **0432 055 992**.

**Naim Chdid** Sacramental Coordinator/ Bookkeeper **Tuesday & Friday** 10.00am-1.00pm

Email Naim: [bacchusmarsh@cam.org.au](mailto:bacchusmarsh@cam.org.au)

**Judy Johnson** Admin Assistant **Tuesday, Wednesday & Thursday** 10.00am-2.00pm

Email Judy: [judyparishnews@gmail.com](mailto:judyparishnews@gmail.com) or call **0414 007 009**

St Bernard's  
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## PEOPLE OF FAITH DESERVE HOPE, NOT EXILE: ARCHBISHOP COMENSOLI

Tuesday 20 October 2020

*Archbishop Peter A Comensoli*

The following text originally appeared in the [Herald Sun \(19 October 2020\)](#):

Sunday was not a great day for people of faith in Victoria, but it should have been.

In announcing the next step of Victoria's COVID-19 road map, the government eased some restrictions. People were ready for glimmers of hope, but there was not much hope offered to people of faith.

We weren't expecting a great opening up of every sector. However, it was noticeable that additions to step two restrictions allowed for a return to pet groomers, swimming pools and locations 25km from your home, but no return to your place of worship in any meaningful sense.

Presently, in step two of the COVID-19 road map, Melbourne's doors of faith are closed. Churches, synagogues, temples and mosques are shut, pending a government announcement that they can open again.

These are not places of mere formality, but of lively and attentive care to vulnerable people, and of support to those facing sickness, loneliness, grief and death. They are places of hope and wellbeing, and of spiritual friendship.

Sadly, what is worse is that when we look ahead to step three there is very little for faith communities. Parity with other sectors seems denied even when we reach COVID-normal. The spectre of our places of worship remaining closed except for "private prayer" leaves our people feeling exiled and pushed outside.

And frankly, given our weather sometimes, Victorian people of faith aren't too pleased at being forced to stand outside the doors of their sacred places to celebrate the most important dimensions of their fundamental beliefs and commitments.

If they are gathering outside in the wind and rain, looking over at their locked doors, it's pretty hard to explain why the doors of the cafe across the road are invitingly open.

People of faith have joined in the common work of co-operation with COVID restrictions at every stage this year. We've proven ourselves to be fair-minded and civil, patient and prepared.

We've worked closely with the health department, local police, government authorities and other faith leaders to be safe and responsible. We have been publicly recognised for these efforts.

Churches may not be licensed premises, but they are highly regulated spaces, especially during times of worship.

It is now seven months since people of faith have been able to gather together in prayer. Like every other sector of life, this has had a major impact on the wellbeing of a very large sector of our community. For many of those who are affected, this is one of their principal opportunities for social interaction and personal activity.

Why would pool water shared by 30 swimmers at a time be considered safer than baptism water poured over one infant child?

Why would sitting down without a mask and socialising informally with up to 40 strangers inside an eatery be considered less risky than the formalised, masked and appropriately spaced gathering of a faith community?

Why would public health advisers tell the government that religious worship is an inherently higher risk than other sectors?

It is a relief for all of us that our places of sporting, hospitality and community gathering are being allowed to open. It is just that none of this passes the pub test (literally!) when it comes to places of worship remaining closed.

I have been inundated with calls for accountability on the COVID road map and of answers to obvious questions. Profoundly, some of the loudest voices in my own archdiocese have been from our young people.

While our elderly and more isolated parishioners have suffered from being closed out of their churches, young people have been speaking on their behalf, concerned for their wellbeing, requesting that the government show us a measure of fairness and equality in each step of restrictions.

Our young people and young priests are looking to the future, and they can see that closing off churches is cutting off a source of spiritual care that cannot be overlooked, and of social and mental health supports that nobody else can provide.

For us, prayer with others is essential. It is a powerful help in our troubles that has nothing comparable in the secular and medical parallels of a visit to the doctor, however important that is.

If there really is health advice suggesting places of worship are inherently riskier, I respectfully request to see it.

If there is data that backs up the suspicion being thrown on communities of faith in this pandemic, I am only too pleased to sit down and talk it through with experts. We can manage all the steps required to be COVID-safe.

The quiet and patient prayers and hopes of people of faith have been constant this year.

But now they deserve the opportunity to step forward hopefully.



## St Anthony's Parish

Dear Parishioners of St Anthony's,

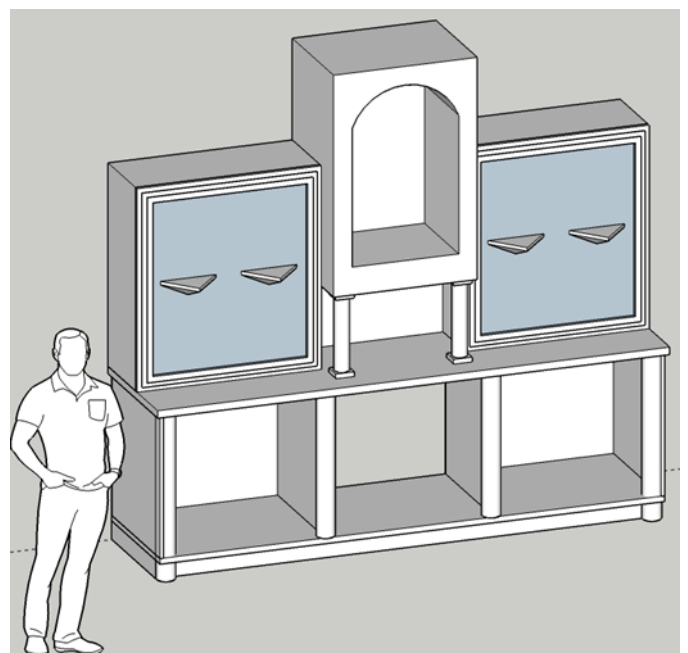
Just an update on where we are at with the furnishings for the new chapel. The following items need your generous contribution; **High Altar, One White Angel and the St Anthony's Statue.** **Only if you are in a financial position to help make this happen** and wish to contribute towards the furnishings, I am providing our **NAB** bank details.

Ac Name **ST ANTHONYS CHURCH**, BSB **083 347** Account No **641915964**.

Please put in your Full Name for record keeping. If you need to talk to me please contact me on 0403 435 471.

Many Blessings

Fr Fabian







Est. 1874

# St Bernard's Catholic Parish

BACCHUS MARSH

Dear St Bernard's parishioners,

## ADJUSTMENT TO RESUMPTION OF MASSES

We are thrilled to be able to resume public Masses at St Bernard's. The Premier announced on Sunday, 18th October 2020 that **the attendance limit at outdoor Masses in regional Victoria is now 20 people**. Obviously outdoor Masses are logistically challenging, which is why we will only be offering Sunday Masses at St Bernard's at this stage. **Registration is essential**. At this stage, we ask you to limit yourself to **one Mass per person per fortnight**. Masses will be released for registration at fortnightly intervals.

From the weekend of Saturday 31<sup>st</sup> October / Sunday 1<sup>st</sup> November the Mass schedule at St Bernard's will be as follows:

5.30pm Saturday Vigil  
9.00am Sunday  
10.30am Sunday  
12midday Sunday

To register for a Mass, visit [www.stbernardsbacchusmarsh.com.au](http://www.stbernardsbacchusmarsh.com.au) and click the icon 'Register to attend Mass'. Those who do not have access to the internet can register by calling the Parish Office. **Please spread the word to anyone you know about our return to public Masses.**

To ensure that everyone can get fair and safe access to Mass, we ask you to observe the guidelines below:

- Masses will be celebrated outdoors in the courtyard between the church and the hall;
- Only residents of Regional Victoria should book to attend Mass at St Bernard's;
- One Mass per person per fortnight;
- Confessions available 30 minutes prior to Mass;
- Seating will be provided but you may like to bring an old cushion/pillow on which to kneel;
- Please remember to observe the 1 hour fast before Holy Communion, especially for afternoon Masses;
- Masks must be worn while attending Mass, except during the reception of Holy Communion;
- The Archbishop has strongly urged Catholics to receive Holy Communion on the hand for the time being; nevertheless, if you approach to receive Holy Communion on the tongue you will not be refused – overseeing the distribution of Holy Communion is the responsibility of the priest and under no circumstances should members of the congregation attempt to instruct each other on the reception of Holy Communion – if you are not comfortable receiving Holy Communion for health reasons, you are not obliged to do so;
- After Mass, please try to leave the property promptly to ensure crowds do not develop between Masses.

**If you cannot attend Mass at the time you have registered, please make sure you cancel your booking. To cancel your booking, go to the email that confirmed your original booking. At the very bottom of the email, there will be a link to cancel.**

We look forward to welcoming you back to St Bernard's. We have been praying for you constantly during these difficult days.

Your priests,

Fr Fabian, Fr Lucas and Fr Marcus

**ALL VOLUNTEERS IN OUR PARISH MUST HAVE A CURRENT WORKING WITH CHILDREN CHECK**

**ST ANTHONY'S**

**ST ANTHONY'S PASTORAL CARE**

**We pray for those whose death anniversaries occur at this time:**

Ooi Mooi Lee & Neil Rowely

**Please pray for the Sick:**

Nickolia & Klara Butkovic, Maria Caruana, Mary Caruana, Chinnamma Joseph, Judy Layton, Peter Manicaro, Reg Marslen, Damien Michael, Kevin Michael, Tony Michael, Veronica Michael, Wanda Novak, Caleb O'Brien, John Osborne, Peter Poole, Irene Rahilly, Catherine Roberts, Peter Roberts, Pat Roberts, Charlie Spiteri, Dolores Turcsan, Clint Abela Wadge, & John Xuereb and all those who have requested our prayers.

**(PLEASE LET US KNOW WHEN YOUR LOVED ONE IS NO LONGER REQUIRED ON THIS LIST)**

**ST BERNARD'S**

**ST BERNARD'S PASTORAL CARE**

**FAITH ON FIRE PRAYER GROUP**

Every fortnight on Thursday at 7.00pm. We pray the Rosary, Stations of the cross, Divine Mercy chaplet and do a Bible reading and discussion.

Next meeting **To be advised**

**We pray for those whose death anniversaries occur at this time:**

Mary Doran, Mary Larkin, Teresa Laszcz, Veronica McGregor, Ingrid Middlemast, Joan Pickin, Carmela Provenzano, John Schifferle & James Wilkie.

**Please pray for the Sick:**

Noah Barlow, Chaiel Balcombe, Michael Barrett, Peter Bennett, Steven Braszel, Kevin Bridges, Tina Bower, John Canty, Fred Capuano, Gary Ching, Josephine Cilia, Robyn Cola, Ted Cooling, Marianne Cuskelly, Lindsay & Kathleen Dally, Judy Delahey, Jack DeLuca, Allison Evans, Helen Evans, Justin Fernandez, Pasquale Gagliarbi, Mario Galea, Cynthia Goodyear, Gwen Green, Joe Gristi, Adam Hillier, Elle Hillman, Kiahni Holamotutama, Alicia Holborn, Chaiel Jackson, Matthew Jansen, David Kasprzak, Michael Larkin, Marie Maloney, Patricia Marechal, Brian Marshall, Debbie Marshall, Jordanis Mary Pauline McDonald, Ian McKechnie, Marcus Meno, Paul Mullin, Arthur Pape, Michael Paterson, Georgia Peacock, Mitchell Prendergast, Peter Roberts, Ken Shaw, Terry Sims, Marian Smith, Elizabeth Stehmann, Susan Trist, Dolores Turcsan, Stephen Van Eede, John Van Orsouw, Angela Vicum, Louis Vogels, Barry Walsh, Mary Walsh, Cath Wheelahan, Jayne Wilkins, Patricia Yazbek, & Betty Young.

**(PLEASE LET US KNOW WHEN YOUR LOVED ONE IS NO LONGER REQUIRED ON THIS LIST)**

**FATIMA STATUE**

These families are praying together for the mission of the Parish:

Group 1: **Stephen & Liza Fernandes**                      **0439 743 533**

Group 2: **Andrew & Lorelle Porter**                      **0409 939 002**

Group 3: **Josephine Vella**                                      **0411 568 012**



**NEO-CONSTANTINOPOLITAN CREED**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

**[bow during the next line]**

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen

# Along the track

## The Bucket List

Is there something you would like to finish but for whatever reason, you didn't quite get it done? Is there someone you would like to catch up with but you haven't quite managed to do it? Is there something you want to do or say, a place you'd like to visit but it may not be an option? We just run out of time and energy or the opportunity doesn't arise again.

We can live our lives with regret, focussed on the past, but there is always a lot that's unfinished in everyone's life. Of course we need to apologise for past wrongs and the hurt we may have caused but if we dwell on what's unfinished there's the danger that we will miss out on the richness of what's actually going on in our lives now and what is asked of us in this moment and in this situation. We forget to look at what we are doing now and how important that is.

The author Ray Bradbury wrote about his grandfather in this way: *"He was a very kind man who had a lot of love to give the world, and he helped clean up the slum in our town; and he made toys for us and he did a million things in his lifetime; he was always busy with his hands. And when he died, I suddenly realized I wasn't crying for him at all, but for all the things he did. I cried because he would never do them again, he would never carve another piece of wood or help us raise doves and pigeons in the backyard or play the violin the way he did, or tell us jokes the way he did. He was part of us and when he died, all the actions stopped dead and there was no one to do them just the way he did. He was individual. Often I think what wonderful carvings never came to birth because he died. How many jokes are missing from the world, and how many homing pigeons untouched by his hands. He shaped the world. He DID things to the world."*

We all shape the world in our own way. We make our mark, mostly through the ordinary, the mundane. We can take that for granted but we make our mark in the daily performance of our lives, the small things. One day we will have to account for what we have done and why we did it. I don't think that God will be there at the end with a big ledger that itemises all that we have done and failed to do. God is not like that. Rather God

wants us to live life to the full, to be the person we were created to be, to use the gifts and talents we have been given, to use them in our own way for the good and happiness of those around us. There is no one to do that just the way you can.

So if we are to write a bucket list, it needs to contain a number of resolutions. Firstly, to work on those things which help me to be me. So making time to spend with loved ones is essential as is greeting neighbours and staying in touch with friends.

If we don't nourish our gifts and talents, they wither. What will I do each day to keep that fire within alive? It means endeavouring to make every activity as precious and enjoyable as possible, to do things wherever possible without hurry or haste and to ask ourselves how this is enriching the lives of those around me (and mine), those who may benefit from what I am doing.

A bucket list would surely include a resolve to be welcoming and gracious, to be generous and as charitable as I can be. That means we are able to accept love and share it. And I would resolve to never compare myself to others.

A bucket list might include a resolve to take note each day of the world I live in, the gifts of family and friends, the gifts of food and friendship, to look at how wonderful and full my life has been and is. It might include the resolve not to dwell on past hurts and wrongs, and to keep my sense of humour intact and, if I haven't got one, then to resolve to work on finding one!

Any good bucket list would include the resolve to recognise each day that God has given me life, and the skills and talents to negotiate my way through it, so that I might enrich the lives of others.

Regards  
**Jim Quillinan**

Email: [jquillinan@dcsi.net.au](mailto:jquillinan@dcsi.net.au)



## LITURGY OF THE WORD

### ENTRANCE PROCESSION

Let the hearts that seek the Lord rejoice;  
turn to the Lord and his strength;  
constantly seek his face.

### FIRST READING Exodus 22:20-26

The Lord said to Moses, 'Tell the sons of Israel this, "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

"If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

"If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

The word of the Lord.  
**Thanks be to God.**

### RESPONSORIAL PSALM: 17

**R. I love you, Lord, my strength.**

I love you, Lord, my strength,  
my rock, my fortress, my saviour.  
My God is the rock where I take refuge;  
my shield, my mighty help, my stronghold.  
The Lord is worthy of all praise:  
when I call I am saved from my foes. **R.**

Long life to the Lord, my rock!  
Praised be the God who saves me.  
He has given great victories to his king  
and shown his love for his anointed. **R.**

### SECOND READING 1 Thessalonians 1:5-10

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread - and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

The word of the Lord.  
**Thanks be to God.**

### GOSPEL ACCLAMATION

Alleluia, alleluia!

All who love me will keep my words,  
and my Father will love them and we will come to them.  
Alleluia!

### GOSPEL Matthew 22:34-40

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the Law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbor as yourself. On these two commandments hang the whole Law, and the Prophets also.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

### COMMUNION ANTIPHON

We will ring out our joy at your saving help  
and exult in the name of our God.

### NEXT WEEK'S READING

#### All Saints

**First Reading:** Apoc 7:2-4. 9-14;

**Second Reading:** St John 3:1-3;

**Gospel:** Matt 5:1-12



# The life of Catholic worship and piety XL

## Catholic Symbols and their Meanings (1)

Since time immemorial, symbols have been used as mediums to channelise thoughts, prayers, and ideas. For the common people, it is on these symbols that they can base their understanding of complex religious ideas. These symbols take on the role of a badge of faith as well as a teaching tool. Symbolism may be defined as the investment of outward things or actions for the expression of religious ideas.

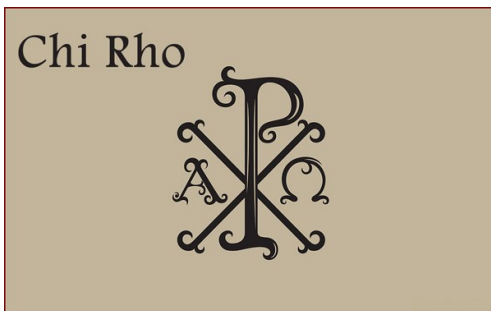
### Symbols of Christ

Seen on the paschal candle, as well as on the vestments of the priest, the Alpha and Omega stand for Christ being the beginning and end of all things. They are also the first and last letters of the Greek alphabet.

“I am the Alpha and the Omega, the first and the last, the beginning and the end.” — Revelation 22:13



Inscribed on liturgical items, vestments, gravestones, sacred vessels, and plaques, the Chi Rho is a symbol of Christ. Superimposed on one another, the Greek letters chi (X) — corresponding to the “Ch” — and rho (P) — corresponding to the “r” of Christ — are often rendered in the form of a cross.



Essentially a Christogram, the IHS — also known as JHS, JHC, or IHC — is the Greek equivalent of the name of Jesus. Like the Chi Rho, the three letters of the IHS are superimposed on one another. The symbol is used on liturgical vestments and vessels, as well as on the bread that is consecrated and distributed as Holy Communion.



<https://spiritualray.com>

Seen inscribed as a banner on the crucifix, INRI is the acronym for the Latin phrase *Iesus Nazarenus, Rex Iudaeorum*. It translates to “Jesus of Nazareth, King of the Jews”. It is the title given to Jesus by Pontius Pilate, the Roman governor, who ordered it to be inscribed over the cross on which Jesus was crucified.



The Lamb of God is a title rightly given to Christ by John the Baptist. There are many instances where Christ is referred to as the Lamb who sacrificed his life on the cross, thus, becoming the Paschal lamb or sacrificial lamb who redeemed the world by shedding His blood.

“Behold, the Lamb of God who takes away the sin of the world!” — John 1:29



While the Lion of Judah referred historically to Judah, the fourth son of Jacob in the Old Testament, the Book of Revelation uses it to refer to Jesus. Both Jesus and King David hail from the tribe of Judah, making the lion a representation of the triumph of Jesus.

“Weep no more; behold, the Lion of the tribe of Judah, the Root of David, has conquered, so that he can open the scroll and its seven seals.” — Revelation 5:5

